



REFERRAL AND APPLICATION FORMS

Referral Guidelines

About Brave Foundation and SEPT Program

Brave Foundation is an Australian not-for-profit charity that connects expecting and parenting teens with resources, referral, and education opportunities to facilitate happy, healthy, and skilled families over time.

In the Support Expecting and Parenting Teens (SEPT) program, Expecting and Parenting Teens are connected to a mentor who assists the young parent by developing a pathway plan towards goals, providing practical help around pregnancy and parenting such as attending health-check appointments, providing general support and advice, and connecting the young parents with relevant services and support suited to the E&PT's personalised needs and goals. The SEPT Program is voluntary.

The criteria for eligibility are:

- Age (under 19)
- Receiving Parenting Payments (started receiving at 19 or under)
- Receiving Income Support Payments (started receiving at 19 or under)
- Meet Geographic eligibility (within Program Service Area)
- Does not meet the above criteria, but under 25 years (may be eligible as a Connecting Participant – meeting quarterly with mentor)

Brave Foundation is not a crisis service. If you have any immediate concerns regarding the safety or wellbeing of a young person, please call:

Kids helpline	1800 551 800
LifeLine	131 114
In an emergency	000

How to refer

Service Professionals

GP's, allied health professionals, community-based agencies and educational institutions can refer to **Brave Foundation** Service Provider Referral form at <http://bravefoundation.org.au/support/sept-program/>
Referrals can be emailed to SEPTProject@bravefoundation.org.au or sent directly to the mentor in your region.

Self-Referral/Family Referral

Young people are encouraged to make contact by

Download – Self/Family Referral form from <http://bravefoundation.org.au/support/sept-program/>

Email – Referral form to SEPTProject@bravefoundation.org.au or direct to the mentor in your region.

Phone – Contact Brave HQ on 0448 088 380 or directly with the mentor in your region

Families, carers, or friends can refer a young person to **Brave Foundation**. The young person will need to be aware of the referral. Once the referral is received, a mentor will contact the young person within 24 to 48 hours.

Once a referral is received it is reviewed by the Brave team or mentor within 48 hours and the pathway is determined. Our aim is to offer a space in the SEPT Program to young parents, however at times our mentors are at capacity and referrals will be placed on a waitlist until a place becomes available. We aim to offer some feedback to the referrer or connect the young parent to support services in their regions if we are unable to assist them.