

REFERRAL AND APPLICATION FORM

Referral Guidelines for Self/Family

About Brave Foundation and SEPT Program

The Brave Foundation is an Australian not-for-profit charity that aims to equip expecting and parenting teens with resources, referral, and education opportunities to facilitate happy, healthy, and skilled families over time. In the core program, Supporting Expecting and Parenting Teens (SEPT) program, young people are connected to a professional mentor who assists them by developing a pathway plan to guide the young parent in working towards their goals. The program includes a focus on the participant exploring education and pathways to employment and being supported to take action to reduce and overcome barriers to these pathways. The Mentor provides practical help and access to information in relation to pregnancy and parenting such as encouraging attendance at health-check appointments, providing general support and non-clinical guidance, and connecting young parents with relevant services and support suited to their personalised needs and goals. The SEPT Program is voluntary.

The criteria for eligibility are:

- Age (under 19)
- Under 25 years and became a parent at 19 or under

Brave Foundation is not a crisis service. If you have any immediate concerns regarding the safety or wellbeing of a young person, please call:

Kids helpline 1800 551 800 LifeLine 131 114 In an emergency 000

How to refer

Service Professionals

GP's, allied health professionals, community-based agencies and educational institutions can refer to **Brave Foundation** Service Provider Referral form at http://bravefoundation.org.au/support/sept-program/
Referrals can be emailed to SEPTProject@bravefoundation.org.au or sent directly to the mentor in your region.

Self-Referral/Family Referral

Young people are encouraged to make contact by

Download – Self/Family Referral form from http://bravefoundation.org.au/support/sept-program/ Email – Referral form to SEPTProject@bravefoundation.org.au or direct to the mentor in your region.

Phone – Contact Brave HQ on 0448 088 380 or directly with the mentor in your region

Families, carers, or friends can refer a young person to **Brave Foundation**. The young person will need to be aware of the referral. Once the referral is received, a mentor will contact the young person within 3 business days.

Once a referral is received it is reviewed by the Brave team or mentor within 3 business days suitability for the program is determined. Our aim is to offer a space in the SEPT Program to all young parents who fit our criteria, however at times our mentors are at capacity and referrals will be placed on a waitlist until a place becomes available. We aimto offer some feedback to the referrer or connect the young parent to support services in their regions if we are unable to assist them.



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Date of Application/Referral:		
The application is for me: Y / N		
If no, please provide contact details (name/phone)		
SELF/FAMILY REFERRAL		
Full Name:		
	☐ Female	
Gender	☐ Male	
	☐ Other and/or Non-Binary	
	☐ Prefer not to say	
Residential Address:		
City:	Postal Code:	
Phone:	Mobile:	
Email Address:		
Date of Birth:	Age:	
Program Poforral Typo	Face to Face (meeting monthly in person)	
Program Referral Type	☐ Digital (online only – phone/video)	
	Yes -	
Does the applicant currently attend school?	Current Year level:	
boes the applicant carrently attend school.	☐ No	
	Year level completed:	
	Yes Name of Employer/Position:	
Currently Employed	Name of Employer/Position.	
	□ No	
	Yes	
Currently Pregnant/Expecting	Approx. due date:	
	☐ No	
	Childs Name: Childs DOB:	
Other Child/children details (Names & DOB)	Childs Name: Childs DOB:	
	Childs Name: Childs DOB:	
	Non- Aboriginal/TSI	
	Aboriginal	
Cultural Identity or identifies as:	Torres Strait Islander	
	☐ Aboriginal/Torres Strait	
	☐ Other	
	Prefer not to say	
	LGBTIQ+	
Does the applicant identify with the following?	Cha/har	
	She/her	
What are the applicants preferred pronouns?	☐ He/Him ☐ They/them	
	other	



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Language/s Spoken:	
English is first language:	□ Yes □ No
Is an Interpreter required? If yes, what language?	
Country of Birth:	
Any religious/cultural requirements?	
Diagnosed Conditions: E.g., medical, disability, mental health	
Does the applicant have a partner?	☐ Yes Partner's Name: ☐ No
Is the mother/father of baby/child involved?	 ☐ Yes – Name: ☐ No – but would like to discuss further with Mentor ☐ No, and would not like to discuss further
Which best describes the reason for the applicant being part of the SEPT Program?	Please select up to 3 that best describe the reason for applying Work on my own personal goals Social Gaining support for parenting and raising happy healthy family Prepare for further education/work Satisfy requirements of ParentsNext Satisfy requirements of Community Services Other
What would the applicant like help with?	
What is the applicant's immediate and longer-term goals?	
Are there any concerns about safety? (Note: Brave is not a crisis service – in an emergency please phone: Kids helpline 1800 551 800 / Lifeline 131 114 / 000)	☐ Yes ☐ No
If yes, what are the concerns?	

The information that we collect from you on this form includes your personal information. Your personal information is protected by law, including by the Commonwealth Privacy Act