

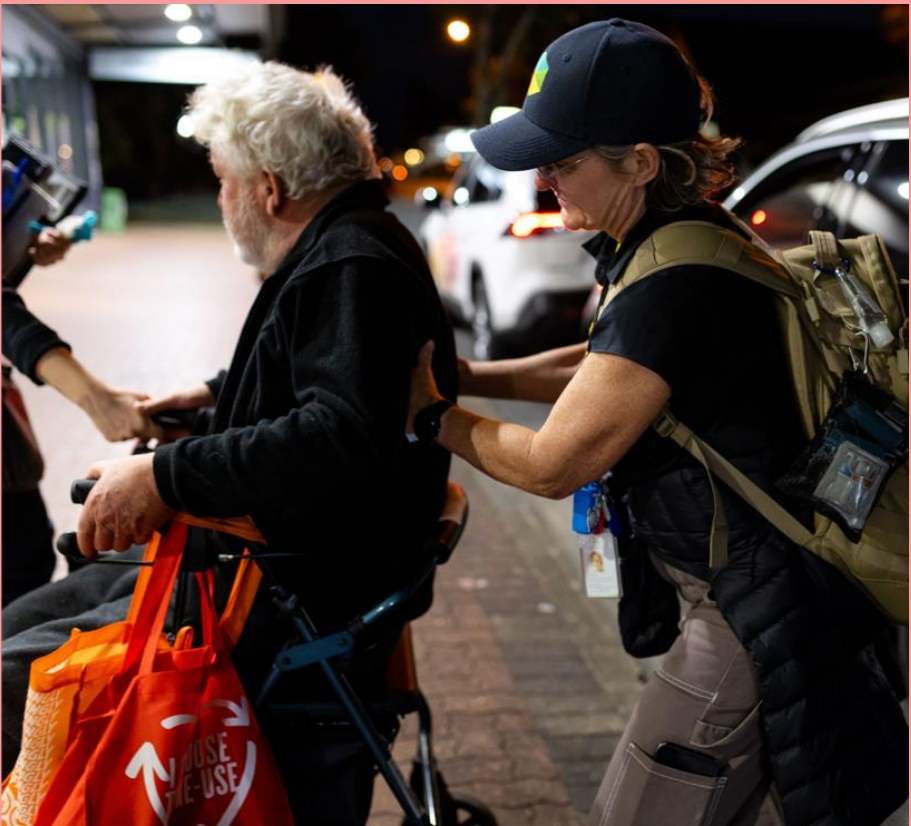
MICAH PROJECTS



Breaking Social Isolation
Building Community

Young Mothers for Young Women (YMYW)





We believe that every child and adult has the right to a safe home, income, healthcare, education, safety, dignity, and meaningful connection.



MICAH PROJECTS

Breaking Social Isolation
Building Community





History of YWYM

1993

Grassroots advocacy group for
young mothers, by young
mothers



2026

Multidisciplinary,
collaborative program
supporting young families





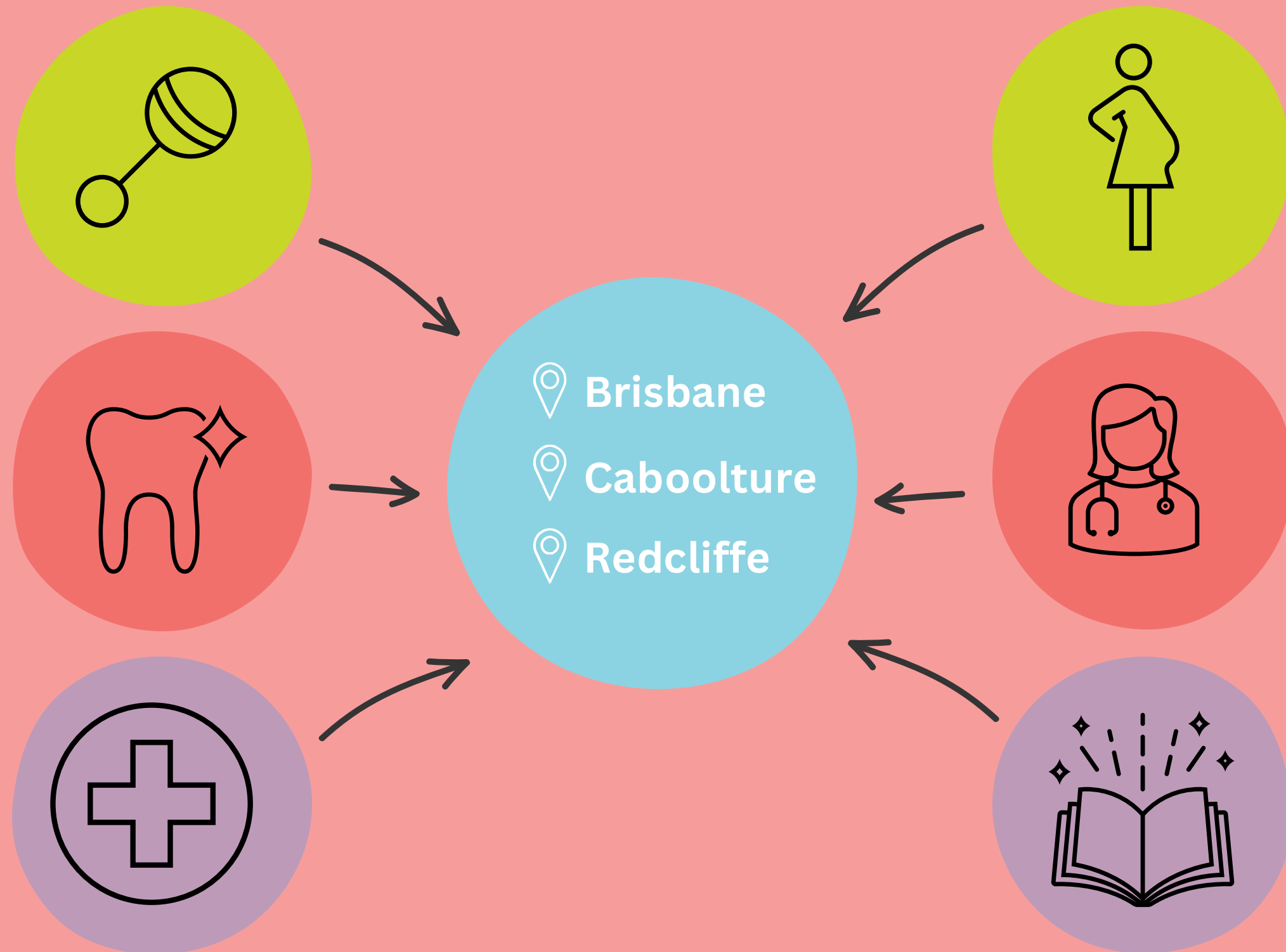
Community Based Hubs



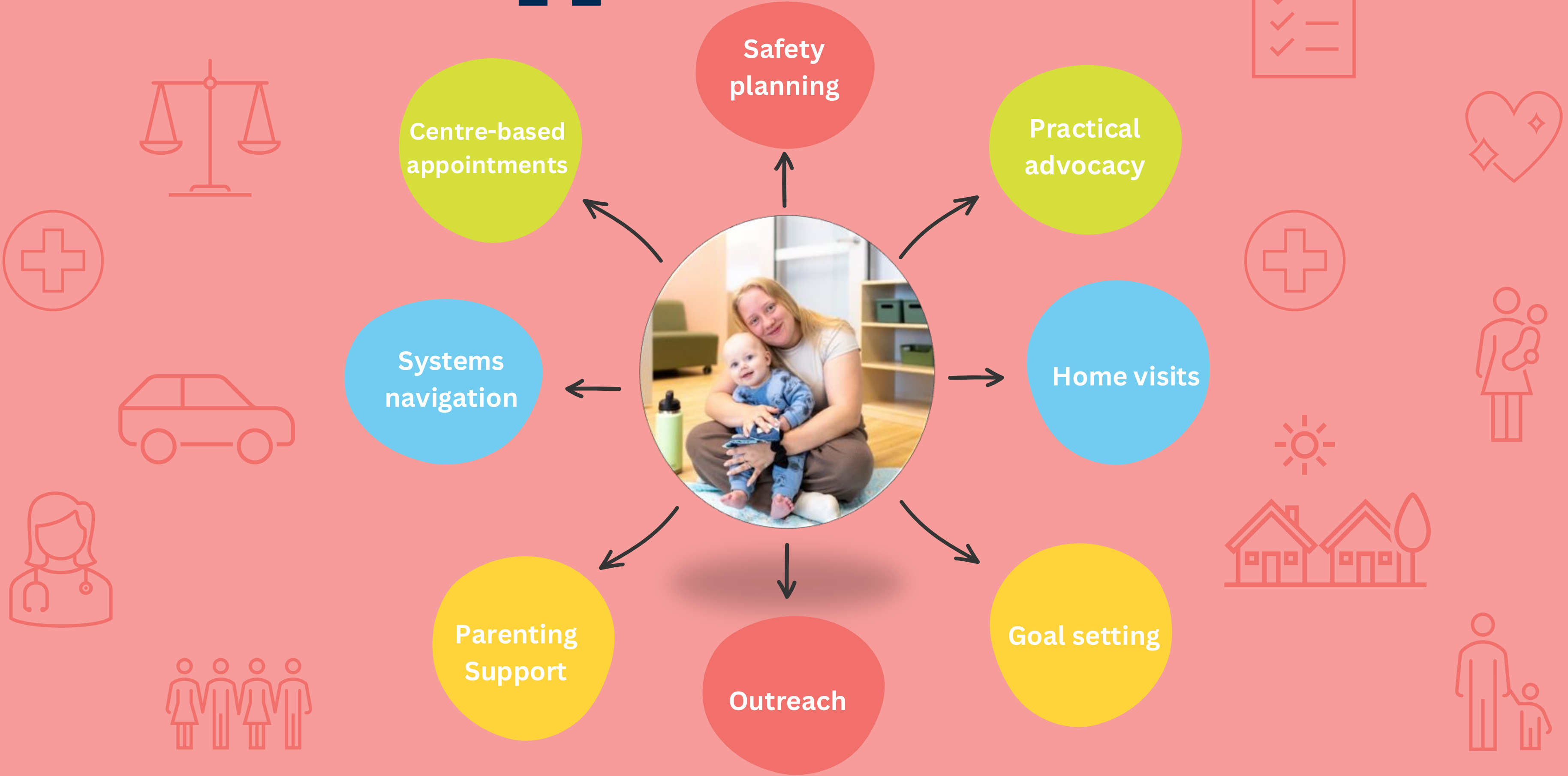
Turning fragmented services into an
ecosystem of support



Community Based Hubs



Our 1:1 Support Model





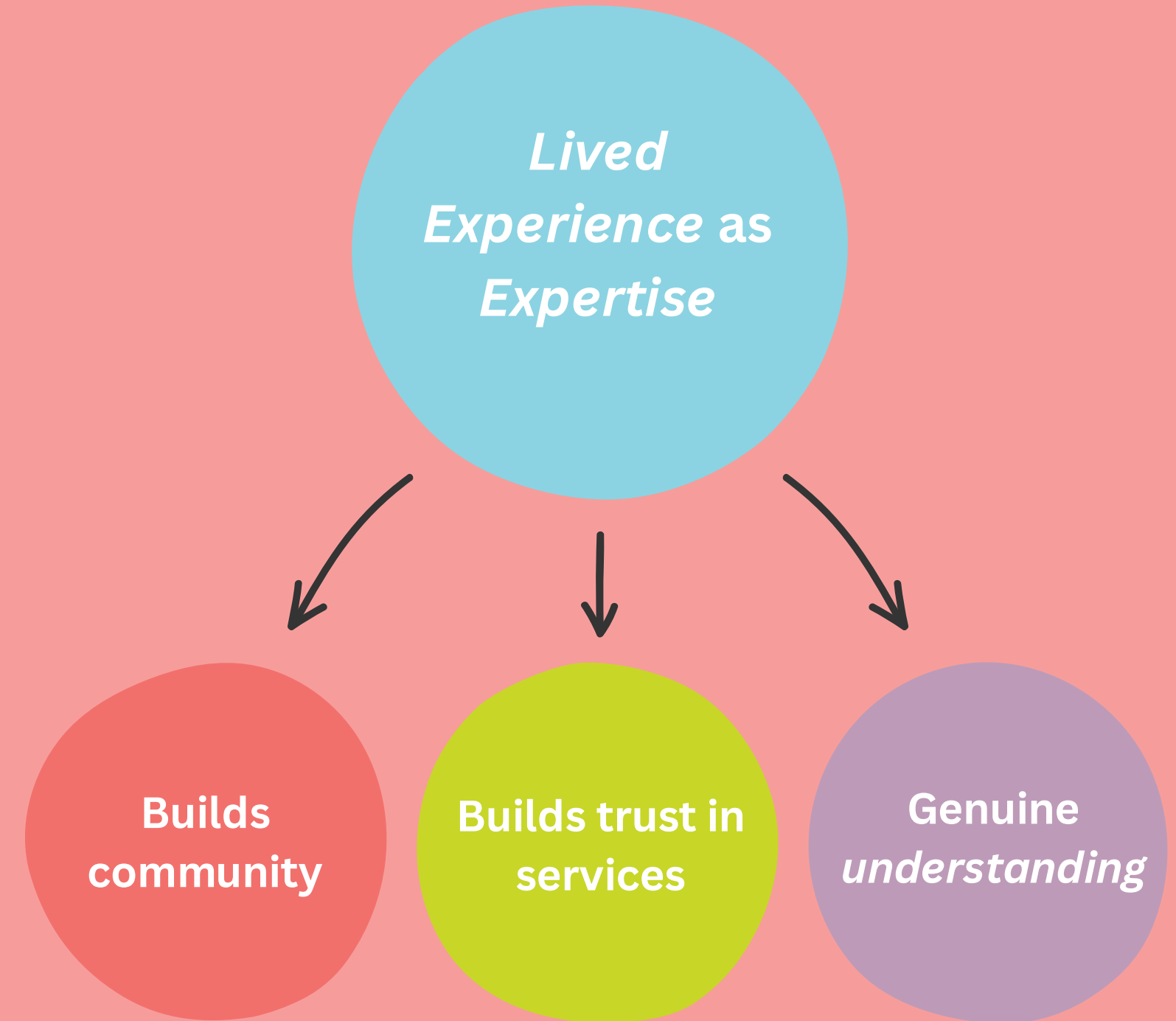
Our 1:1 Support Model



Peer Workers



“You belong here. We understand.”



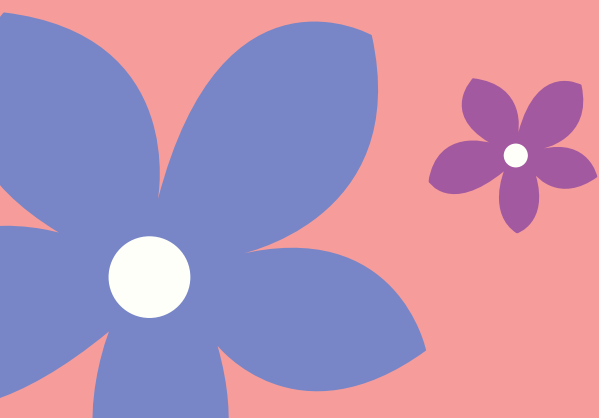
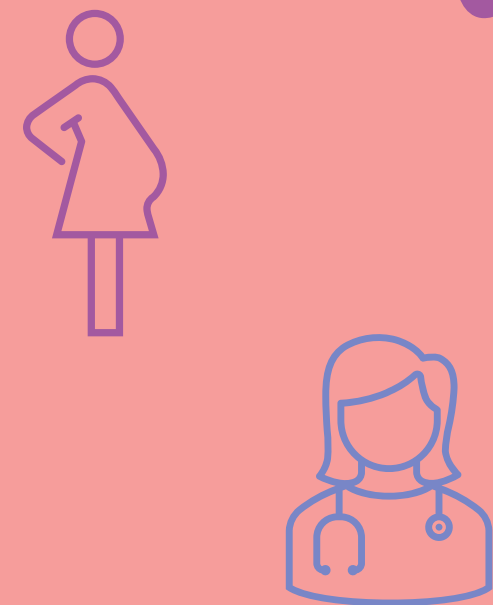
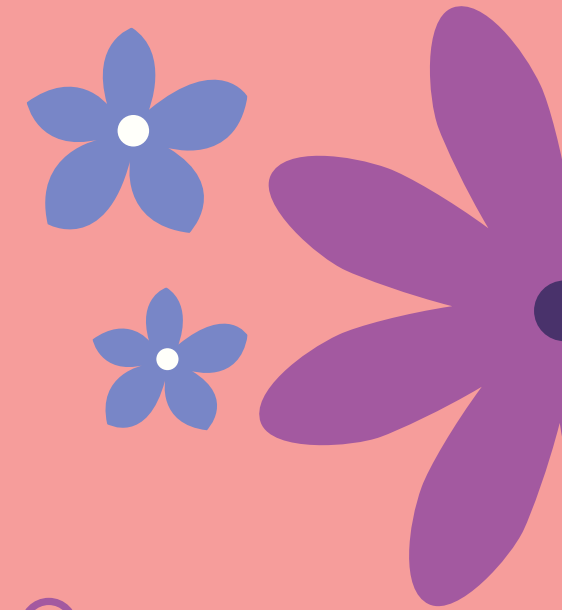
Blooming Together | Pregnancy Support



Fourth Trimester | 0 to 10 Months



Little Explorers | 0 to 5 years





Partnership with Mater Midwives

2007

2026

Young Women's Clinics &
Midwife Group Practice

Youth-friendly
community
space

Genuine,
collaborative
supports

Improved
access and
advocacy

Creates seamless continuity from pregnancy through to early parenting.



Women's Health Access

Access to contraception and reproductive choice is foundational to long-term wellbeing.



Informed & empowered



Safe and private space in community



Reducing barriers to accessing health care



Contraception and reproductive health services



Including Young Fathers

Young fathers often feel invisible in parenting systems. When *engaged*, they improve outcomes for mothers and children alike.

intentionally *including* fathers



Strengthen family systems





Why This Model Works

“Young parents don’t
need *saving*,
they need *support*”

peer -
informed

multi -
disciplinary

reduces
fragmentation

Our model
works
because...

prioritises
early
intervention

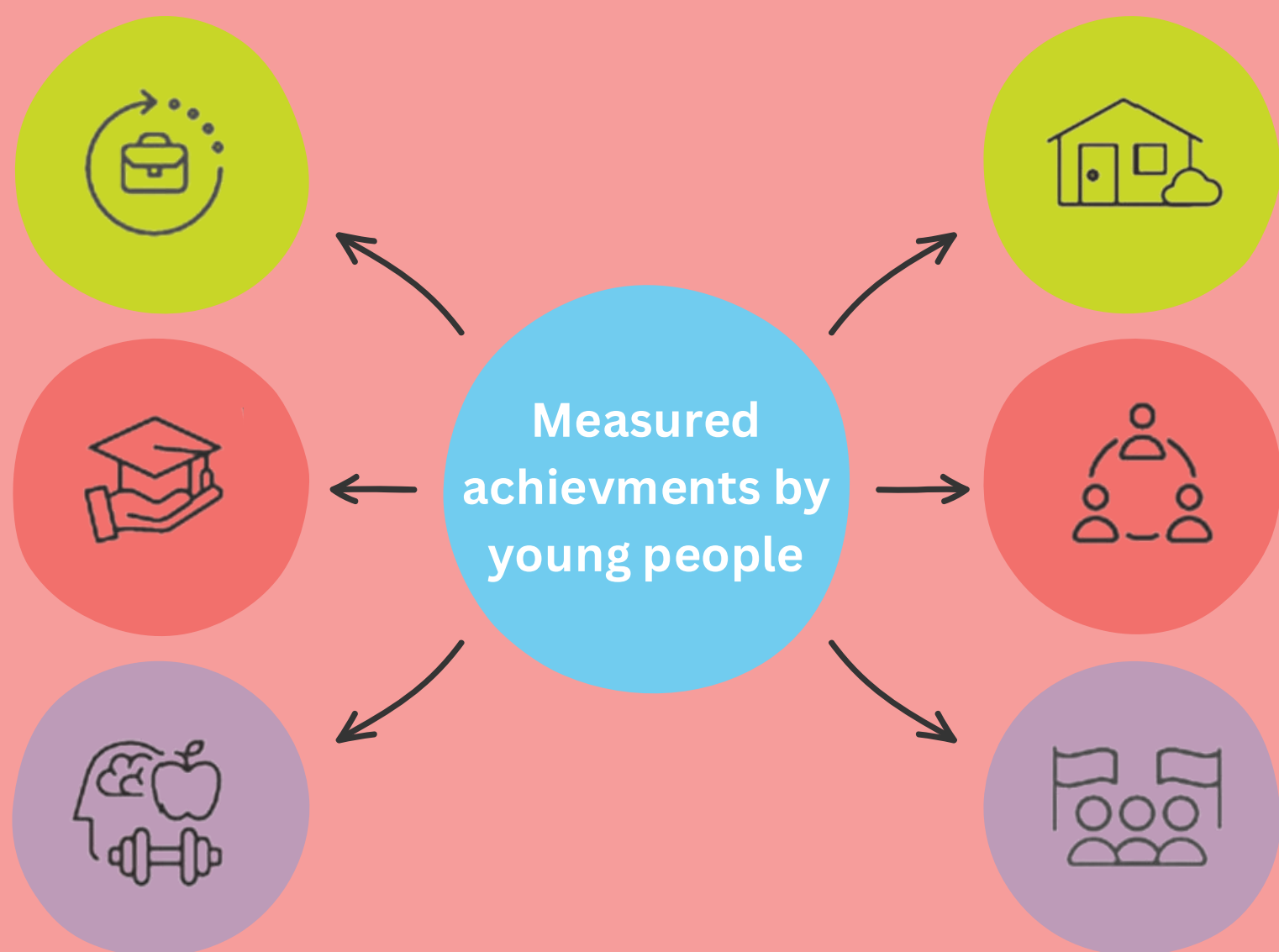
focuses on
both
generations

community-
driven

“We don’t position
ourselves as experts
over young parents.
We position
ourselves *alongside*
them.”



Why This Model Works



59% increased their employment readiness



82% improved their housing situation



80% increased child development knowledge and skills



100% of children with development need linked with health support



86% increased their support networks



84% increased their community participation

Proudly funded by the Department of Families, Seniors, Disability Services and Child Safety and Hand Heart Pocket



Summary



Founded by young mothers, YMYW is built on lived experience, dignity and respect.

We replace fragmented systems with a coordinated, youth-friendly ecosystem of support.

Peer workers and professionals collaborate to reduce stigma and increase access.

Early, relational intervention strengthens protective factors before crisis occurs.

When we support a young parent well, we change the trajectory of two generations.

 **Thank You**

