



## REFERRAL AND APPLICATION FORMS

### Referral Guidelines – Self/Family

#### About Brave Foundation and SEPT Program

The Brave Foundation is an Australian not-for-profit charity that aims to equip expecting and parenting teens with resources, referral, and education opportunities to facilitate happy, healthy, and skilled families over time. In the core program, Supporting Expecting and Parenting Teens (SEPT) program, young people are connected to a professional mentor who assists them by developing a pathway plan to guide the young parent in working towards their goals. The program includes a focus on the participant exploring education and pathways to employment and being supported to take action to reduce and overcome barriers to these pathways. The Mentor provides practical help and access to information in relation to pregnancy and parenting such as encouraging attendance at health-check appointments, providing general support and non-clinical guidance, and connecting young parents with relevant services and support suited to their personalised needs and goals. The SEPT Program is voluntary.

Virtual mentoring refers to a process of mentoring where a professional mentor engages with participants through means of virtual communication such as internet-based tools such as e-mails, chats, social media networks, virtual platforms (i.e., Zoom, Teams), and telephone. The purpose of the Virtual Mentor role is to provide support to rural/remote/isolated participants via virtual delivery. A Virtual Brave mentor will hold one on one meetings with the E&PT's throughout the Brave Pathway Plan.

#### The criteria for eligibility are:

- Age (under 19)
- Under 25 years and became a parent at 19 or under

**Brave Foundation** is not a crisis service. If you have any immediate concerns regarding the safety or wellbeing of a young person, please call:

Kids helpline	1800 551 800
LifeLine	131 114
In an emergency	000

#### How to refer

##### Service Professionals

GP's, allied health professionals, community-based agencies and educational institutions can refer to **Brave Foundation** Service Provider Referral form at <http://bravefoundation.org.au/support/sept-program/>  
Referrals can be emailed to [SEPTProject@bravefoundation.org.au](mailto:SEPTProject@bravefoundation.org.au) or sent directly to the mentor in your region.

##### Self-Referral/Family Referral

Young people are encouraged to make contact by

*Download* – Self/Family Referral form from <http://bravefoundation.org.au/support/sept-program/>

*Email* – Referral form to [SEPTProject@bravefoundation.org.au](mailto:SEPTProject@bravefoundation.org.au) or direct to the mentor in your region.

*Phone* – Contact Brave HQ on 0448 088 380 or directly with the mentor in your region

Families, carers, or friends can refer a young person to **Brave Foundation**. The young person will need to be aware of the referral. Once the referral is received, a mentor will contact the young person within 3 business days.

Once a referral is received it is reviewed by the Brave team or mentor within 3 business days suitability for the program is determined. Our aim is to offer a space in the SEPT Program to all young parents who fit our criteria, however at times our mentors are at capacity and referrals will be placed on a waitlist until a place becomes available. We aim to offer some feedback to the referrer or connect the young parent to support services in their regions if we are unable to assist them.



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SELF/FAMILY REFERRAL	
Date of Application/Referral:	
The application is for me: Y / N If no, please provide contact details (name/phone)	
Full Name:	
Gender	<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Other and/or Non-Binary <input type="checkbox"/> Prefer not to say
Residential Address:	
City:	Postal Code:
Phone:	Mobile:
Email Address:	
Date of Birth:	Age:
Does the applicant currently attend school?	<input type="checkbox"/> Yes - Current Year: <input type="checkbox"/> No - Year Completed:
Currently Employed	<input type="checkbox"/> Yes - Name of Employer: <input type="checkbox"/> No
Currently Pregnant/Expecting	<input type="checkbox"/> Yes – approx. due date: <input type="checkbox"/> No
Other Child/children details (Names & DOB)	1. 2. 3.
Cultural Identity or identifies as:	<input type="checkbox"/> Non- Aboriginal/TSI <input type="checkbox"/> Aboriginal <input type="checkbox"/> Torres Strait Islander <input type="checkbox"/> Aboriginal/Torres Strait <input type="checkbox"/> Other
Does the applicant identify with the following?  What are the applicants preferred pronouns?	<input type="checkbox"/> LGBTIQ+  <input type="checkbox"/> She/her <input type="checkbox"/> He/Him <input type="checkbox"/> They/them <input type="checkbox"/> other
Language/s Spoken:	
Is an Interpreter required? If yes, what language?	
Country of Birth:	
Diagnosed Conditions: E.g., medical, disability, mental health	



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Does the applicant have a partner?	<input type="checkbox"/> Yes – Partner’s Name: <input type="checkbox"/> No
Is the mother/father of baby/child involved?	<input type="checkbox"/> Yes – Name: <input type="checkbox"/> No – but would like them to be involved in the program. <input type="checkbox"/> No – do not want them involved
How did you discover the SEPT Program?	
Which best describes the reason for the applicant being part of the SEPT Program?	<input type="checkbox"/> Build relationships with Mentor/other participants Personal interest and skills development <input type="checkbox"/> Prepare for further education/work <input type="checkbox"/> Satisfy requirements of ParentsNext <input type="checkbox"/> Satisfy requirements of Community Services <input type="checkbox"/> Parenting support <input type="checkbox"/> Work on my own personal goals <input type="checkbox"/> Other
What would the applicant like help with?	
What are the applicant’s goals?	
<b>Are there any worries about safety?</b> <small>(Note: Brave is not a crisis service – in an emergency please phone: Kids helpline 1800 551 800 / Lifeline 131 114 / 000)</small>	Y / N
If yes, what are the worries?	

The information that we collect from you on this form includes your personal information. Your personal information is protected by law, including by the Commonwealth Privacy Act